

Recipe Card: Sugar Cookies



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INGREDIENTS:

325g plain flour*
1 tsp baking powder
a pinch of salt
125g butter
150g caster sugar
2 tsp vanilla essence
1.5 tsp lemon juice
1 large egg

icing sugar to decorate

* you can also make this with gluten free flour, in which case add half a tsp of Xanthan gum

NOTES:

DIRECTIONS:

- 1. Sift together the flour, baking powder, Xanthan gum (if using), and salt.
- 2. In a separate bowl, beat together the butter, sugar, vanilla and lemon juice until creamy.
- 3. Add the egg and beat again until well combined.
- 4. Mix the wet ingredients in to the dry ingredients and knead together to make a dough.
- 5. Roll the dough together and leave to rest in the fridge for half an hour.
- 6. Pre-heat your oven to 180 C (or 160 C for a fan oven).
- 7. Roll out the dough to approx. 5mm thick, cut out shapes, and place them on a tray lined with grease proof paper.
- 8. Bake in the oven for 12-15 minutes until starting to go golden brown around the edges.
- 9. Transfer to a cooling rack and leave to cool completely before decorating.
- 10. To make a simple icing, mix a couple of tablespoons of icing sugar with half a teaspoon of water at a time until you have a spreadable but not too runny consistency.
- 11. Add some sprinkles of your choice can you make a symmetrical or repeating pattern?